



Extracurricular
Activities
Brochure
Session III
2017-18



YOUR
BEST
SELF




Extracurricular Activities Detailed Information - Monday through Thursday (Session II)

Students may sign up for a maximum of 2 activities.

ALL YEAR ACTIVITIES

Extracurricular Activities offered ALL YEAR are NOT in this brochure. You will not need to re-register your child for Session III. Some of these activities have very limited space and we do keep a waiting list for students interested in entering them. Please notify the Activities Coordinator ASAP if your child will not continue with the following activities: **Piano, Karate, Flamenco, Chinese, Fencing, Soccer & Guitar classes.**

 All year activity

Grades	Activity	Description	Fee	Teacher	Limited to	Monday	Tuesday	Wednesday	Thursday
1-2	Building 2D & 3D Shapes & Structures	Students will develop their imagination together with visual -spatial awareness in a fun creative environment. They will learn how to move and manipulate materials to create various shapes and structures. This activity helps develop fine motor control and understand spatial organization. The students will need to work slowly and carefully to be successful to create their shape. This helps build their ability to concentrate and focus for longer periods.	\$10.00 for material - This payment needs to be made at the cashier's office during registration week.	Elsa Maria Crespo	12 students	x			
1-2-3	Lego Quest Challenge	This is a creative building challenge activity using LEGOs. Students will have the opportunity to play, share and problem solve. There are 51 unique LEGO building challenges for students.		Ma. Elena Pazmiño	12 students	x			
1-2-3	Origami	Origami is the art of paper folding which is often associated with Japanese culture. The goal is to transform a flat sheet square of paper into a finished sculpture through folding and sculpting techniques. Students will develop hand – eye coordination and strengthen their concentration.	\$10.00 for material - This payment needs to be made at the cashier's office during registration week	Estefania Bohorquez	12 students	x			

Grades	Activity	Description	Fee	Teacher	Limited to	Monday	Tuesday	Wednesday	Thursday
2-3-4	Cartooning	Do you like to draw? Do you love to tell stories using pictures? Then come and join us for cartooning! We'll be learning how to draw different cartoon characters using step by step instructions and putting those characters in stories to make comics. You don't need to have any drawing experience, you just need to be willing to learn and have fun!	\$10.00 for material - This payment needs to be made at the cashier's office during registration week	Catharine Luthala	12 students	x			
1-2-3-4-5	Swimming Beginners	This class is designed for the non-swimmers and new swimmers. Students will be instructed in proper technique of front and back floats, front crawl and backstroke. Students will receive both shallow and deep-water instruction. Children will practice swimming longer distances on their front and back without assistance. Students need to bring swim suit, swimming cap, sleepers, goggles and a towel for the classes.		Fernando Villacis & Paola Braganza	20 students	X			
3-4-5	Co-ed Soccer with soccer school "Estudiantes de la Plata"	Academia Cotopaxi works with "Estudiantes de la Plata" to offer this soccer activity. Students will receive a training program to develop physical, fine and gross motor skills. Students will learn the concepts of basic soccer. They will be able to practice with no additional fee at the soccer school located in Tumbaco on Saturday mornings from 9:30 am to 11: am and during the week on Tuesday & Thursday from 4:30 pm to 6:15 pm. Soccer games will be also in Tumbaco on Sunday and students will be notified 4 days before the games.	\$75.00 each session	Alfonso Espinosa	20 students	x		x	
3-4-5	Mandala Making & Painting	Come and learn about mandalas! You will color different mandalas and also make your own. We will be working with paper and pencil, but also experiment with mandalas in other ways.	\$15.00 for material - This payment needs to be made at the cashier's office during registration week	Natalia Houser	12 students	x			

Grades	Activity	Description	Fee	Teacher	Limited to	Monday	Tuesday	Wednesday	Thursday
3-4-5	Chocolate & Candy Making	Students will learn basic techniques for making chocolate. We will work with white and dark chocolate and do various decorations with candy. Students will also learn how to make popsicles, rock candy and more! By the end of the session, they will be able to prepare chocolate and candy for parties. This sweet activity will motivate our students to be the creators of their own inventions.	\$20.00 - This payment must be made at the cashier during the week of registration.	Diana Penafiel	12 students	x			
1-2	Soccer with Little Kickers Soccer school	Little Kickers soccer school and coaches work with Academia Cotopaxi for this activity. They focus on teaching soccer in a "pressure free environment". Students work on building confidence, respect, coordination control, companionship and teamwork. At the end of each session they have a friendly game.	This is a paid activity: \$75.00 each session + \$16.00 for the uniform if its needed. Payment has to made at the Cashier's office during registration week. After the payment is make, please check with Ms. Damiana for the uniform size.	Irene Samaniego & Jose Javier Larrea	20 students		x		x
1-2	Cupcakes Making & Decoration	If you love eating cupcakes and enjoy making them yourself, this is the class for you! During this session, you will learn how to make different types of frosting, from a simple vanilla icing to a delicious chocolate buttercream. You will learn how to decorate with creams and frostings as well as using different themes. Also, you will explore the basic steps to decorate with fondant. You will earn how to create animal, flowers, birthday and different holiday theme decorations.	\$25.00 for ingredients - This payment needs to be made at the cashier's office during registration week	Ma. Gabriela Estupiñan	12 students		x		
1-2	Board Games for Learning Enrichment	Learning through play has been scientifically proven to help children learn social skills, improve brain development and increase creativity and imagination. In this club we will play a variety of learning games to help not only develop social skills, but to improve oral language skills and vocabulary, reading and math skills.		Gera Burrier	12 students		x		
1-2-3	Recycled Art	Have you ever wondered what to do with that extra material you have at home? Come to the recycle art club! Learn to create cool and original crafts using mainly recycled material! It's a great way to relax, share with friends and create gifts for the family and friends.	\$15.00 for ingredients - This payment must be made at the cashier's office during the week of registration.	Soledad Valencia	12 students		x		

Grades	Activity	Description	Fee	Teacher	Limited to	Monday	Tuesday	Wednesday	Thursday
1-2-3	Girls Soccer	This fun soccer activity will be offered once a week. It's the perfect activity to choose if you like sports, having fun, and playing outside. We will learn how to play soccer by doing fun games. Every training session will have a special warm up exercise and we will teach how to dribble and kick and pass the ball. We will end every training session with a fun soccer game.		Camila Gonzalez	12 students		x		
1-2-3-4-5	Swimming Competition Club	This class is designed for students who are able to swim 50 meters of front crawl, backstroke, and breaststroke as well as 25 meters of butterfly. This class improves butterfly, teaches flip turns and advances stroke technique. We also work on building endurance. All students in this group will participate in swimming competitions organized by the school. Please be advised that since this class involves mixed age levels, all swimmers need to be able to change their clothes without requiring assistance inside locker rooms.		Fernando Villacis & Paola Braganza	20 students		x		
3-4-5	Strategy Games	Do you love to play board games? Do you want to learn some cool dice and card games? We will be learning and playing many fun, easy to play games for all ages. We will also have the option to bring your own fun games that you can teach and share. Some of the games we will play include: Cuarenta, Monopoly, 1-4-24, Quirkle, Qwixx, Liar's Dice, Rummikub, Mastermind. These games are designed to be played in pairs and groups, and besides being fun and easy, they will help build strategy and critical thinking skills.		Mitch Madigan	12 students		x		
3-4-5	Friendship Bracelets & Necklaces	Students, learn to make your own friendship bracelets and necklaces to share with friends, family or for yourself. You will learn to mix colors and make patterns using yarn, string and recycled paper.	\$10.00 material fee. This payment must be made at the cashier's office during the week of registration.	Myriam Palacios	12 students		x		

Grades	Activity	Description	Fee	Teacher	Limited to	Monday	Tuesday	Wednesday	Thursday
6	Math Support	Session III Math Skills, is a continuation of Session II we will be using the MAP software to identify specific learning area and assign work to support those areas.		John Reber			x		
6-7-8	Homework Club	This is the perfect opportunity for Middle Schoolers to start the school year on the right foot. Keeping up with homework, getting extra help in all subject areas and uploading classwork is a great habit to develop. We will also work on organization skills that are essential in your academic career. Come in and join the Learning Support team on the road to success!		Maria Belen Zavala	8 students		x		
1-2	Co-ed Basketball	Come play with us to improve your basketball skills by learning different drills, movements and games, from a basketball game to a one-to-one activity.		Diana Cruz	12 students			x	
1-2-3	International Cooking & Baking	Students will learn delicious international recipes that are easy to prepare.	\$30.00 ingredients material – this fee payment has to be made at the Cashier's office by the first week of Extracurricular	Michelle Baquero	12 students			x	
1-2-3-4-5-6-7-8	Water Games	This class is open for students who know how to properly swim 25 meters of front crawl and backstroke. In this class students will be participating in different pool games such as water polo, underwater games, relay races and water challenges. Please be advised that since this class involves mixed age levels, all swimmers need to be able to change their clothes without requiring assistance inside locker rooms.		Fernando Villacis	12 students			x	



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Grades	Activity	Description	Fee	Teacher	Limited to	Monday	Tuesday	Wednesday	Thursday
2-3-4-5	Passport Around the World	Learn different activities from countries around the world in a fun way. We will "travel" to a different country each class and will do crafts or prepare a typical food from the place we are "traveling" to. Some examples of the activities kids will do are: making our own pizza (Italy), origami bookmarks (Japan), playing traditional games (Ecuador), Lassi drink (India), etc. By the end of the session, students will be able to know different cultures around the world and prepare something related to that place.	\$20,00 for ingredients and material - This payment needs to be made at the cashier's office during registration week	Diana Peñafiel	12 students			x	
3-4-5	Yoga	Students will learn various methods of relaxation. For this activity, they need to bring a mat for the exercise.		Karina Mera	8 students			x	
6-7-8	Self Defense & Fitness	Students will focus on building overall fitness and learn how to properly defend against common attacks such as how to avoid being thrown to the floor, how to dodge a punch, how to maintain distance, or how to avoid being cornered. They will also learn simple counterattacks if they are put into an uncompromising position. Students will build attention span and body awareness as they learn techniques and practice their reflexes and build confidence as they practice defending. Class will begin with a warmup to build strength, cardiovascular endurance, and increase focus. Will learn a new technique or review previous techniques and class will end with a game to build reaction speed.		Karla Landivar	12 students			x	
6-7-8	Homework Club	This is the perfect opportunity for Middle Schoolers to start the school year on the right foot. Keeping up with homework, getting extra help in all subject areas and uploading classwork is a great habit to develop. We will also work on organization skills that are essential in your academic career. Come in and join the Learning Support team on the road to success!		Maria Belen Zavala	8 students			x	

Grades	Activity	Description	Fee	Teacher	Limited to	Monday	Tuesday	Wednesday	Thursday
1-2-3	Karate Beginners	<p>"PROGRAM FOR WHITE BELT: Master the basic techniques of arms, basic techniques of legs (front and circular kick), simple movements, movements with arms for arms, movement with leg techniques, attack movements with pairs, defense against one opponent, defense against two opponents, combat foundations and basic Kata Taikyoku Shodan. At the end of the school year students will ascend from the white belt to white-yellow belt.</p> <p>IMPORTANT INFORMATION - Karate Beginners students can complete the additional training with no additional payment at the Karate IKA School located at Centro Comercial LA Y Local #30 on the following days: Tuesday & Thursday from 5-6 p.m. or Friday from 4:40 pm to 5:30 pm Mr. Romel Armijo romel-armijos@yahoo.es tel. 0997-089-077 and Mr. Julio Garzón 0994-197201 julio_garzon@hotmail.com</p>	You can purchase the Karate uniform at Artes Marciales y Más located at the el Centro Comercial La "Y" address: Ave 10 de Agosto y América, local 30 N39-603, tel. 225- 4455. Uniform fee: de \$46.00 a \$55.00 depending on the size.	Julio Cesar Garzon	12 students				x
1-2-3	Chess Club ONLINE	Our goal is to teach students abstract concepts of planning, analysis and strategy through the game of chess. Kids will be excited to understand and amazed by the positive experience that chess offers. Students will build self-confidence, develop self-learning tools and learn how to evaluate their own decision-making process.		Diana Peñafiel	12 students				x
1-2-3	Interactive Reading & Art	Reading different kinds of books (genres). Going over authors and illustrators, and reading strategies. We will encourage students to interact with the book by talking to their friends, acting out the story or a part of the book, sketching, drawing and art projects related to this.	\$15.00 for material –This payment needs to be made at the cashier's office during registration week	Carla Amores	8 students				x

Grades	Activity	Description	Fee	Teacher	Limited to	Monday	Tuesday	Wednesday	Thursday
1-2-3-4-5-6-7-8	Intermediate Swimming	This class is designed for children who are able to swim 25 meters of front crawl, backstroke and sidestroke without flotation devices. Swimmers should have knowledge of underwater swimming and treading water. This class refines front crawl and teaches rotary breathing, improves endurance and starts the foundations of breaststroke and butterfly. The swimmers in this group will participate in swimming festivals organized by the school. Please be advised that since this class involves mixed age levels, all swimmers need to be able to change their clothes without requiring assistance inside locker rooms.		Paola Braganza & Fernando Villacis	20 students				x
3-4-5	Comics	The comic strip activity is a class where children will be able to explore the world of comic (cartoon) drawing. Students will be able to create their own characters and be able to incorporate it in a story map and then into a comic book. The student will learn to free draw characters as well as techniques	\$10.00 for material – This payment needs to be made at the cashier’s office during registration week	Edwin Poveda	15 students				x
3-4-5	Candle Making & Homemade Soaps	This Activity will provide an interpretive, interactive and dynamic experience to help the student understand the basic life or way to de-stress their minds and to try to work with different process. It will illustrate the fun and laborious nature of many types of candles and soaps. Students will recognize how the candles and soaps make and use in our environment	\$15.00 for material –This payment needs to be made at the cashier’s office during registration week	Michelle Baquero	10 students				x
3-4-5	Mukimono	Mukimono is a traditional Japanese art of carving shapes or images into fruits and vegetables. In Japan, Mukimono is used as a decorative garnish, intended to bring excitement to a dish. Students will learn the basics of Mukimono.	\$20.00 for ingredients – This payment needs to be made at the cashier’s office during registration week	Karina Mera students	8 students				x

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6-7-8	Stunt Class	Learn the fundamentals of stunting with proper technique, flexibility & strength. This class is open to both bases and flyers. The class will focus on safe progressions in the areas of basic fundamentals including strength and flexibility training, twisting skills, release skills, inversions, dismounts, and tosses. There will be a focus as well on stretches for the back, shoulders, hips, hamstrings and quadriceps.		Dallas Cabrices	8 students				x
6-7-8	Homework Club	This is the perfect opportunity for Middle Schoolers to start the school year on the right foot. Keeping up with homework, getting extra help in all subject areas and uploading classwork is a great habit to develop. We will also work on organization skills that are essential in your academic career. Come in and join the Learning Support team on the road to success!		Maria Belen Zavala	8 students				x
6-7-8	Yoga	Join this great activity; learn to breath and relax your body and mind. We will be waiting for you!!		Sara Nute	12 students				x
6-7-8	Recycled Book Crafting	There's a lot you can do with a book after reading it. In this after school activity, we will be making cool crafts for the book lovers in our lives: ornaments, flowers, poetry, decoupage and other artworks. Share your love of the written word in a creative way!	\$15.00 for material – This payment needs to be made at the cashier's office during registration week.	Jill Egan	12 students				x
6-7-8-9-10-11-12	Cooking & Baking	This activity will focus on the practical skills required to bake and cook a new item each week. Some items include desserts, empanadas, and other snacks. The food we make will then be sold in the Sweet Morning Charities Coffee Shop on Friday mornings. All money raised will go to local charities. Students participating in this club are also invited to volunteer at the coffee shop for community service hours.	\$30.00 for ingredients – This payment needs to be made at the cashier's office during registration week.	Ma. Gabriela Estupiñan	12 students				x